



PROSPECTUS 2025 EMPOWERING MINDS, SHAPING FUTURES

Arist Academy Institute for Advanced Studies (CAIAS), established in 2016 in Bangalore, India, is a leading institution of higher learning under the guidance of the Carmelites of Mary Immaculate (CMI), a congregation renowned for its dedication to education. CAIAS offers diverse undergraduate and postgraduate programs in Arts & Humanities, Management Studies, Commerce, Computer Applications, and Science.

With a focus on holistic education, CAIAS combines theoretical knowledge with practical experience, equipping students for successful careers. The curriculum integrates modern trends with industry-relevant practices, providing hands-on learning through internships, research, and projects. The dedicated faculty, comprising experienced professionals and scholars, ensure students receive high-quality, future-ready education.

CAIAS boasts state-of-the-art facilities, including modern classrooms, advanced computer labs, a well-stocked library, and sports amenities. Set amidst a serene campus, the environment fosters both academic and personal growth. Beyond academics, the institution emphasises character formation, values-based education, and community service, preparing students to contribute positively to society. Rooted in excellence and innovation, CAIAS is the ideal choice for students seeking a transformative educational journey, blending academic rigor, ethical values, and a supportive community. VISION

VISSION

Light to Enlighten

To create and disseminate the light of knowledge to one and all for the greater good and a sustainable future.

To provide a conducive and enabling environment that fosters discipline, promotes motivation and drives the pursuit of excellence in learning.

To transform individuals into independent and enlightened citizens, who care for the community and the Country.

"Shape your future with values that matter - Choose CAIAS for a holistic education experience!"

WHY CAIAS?

At Christ Academy Institute for Advanced Studies (CAIAS), students receive a holistic education that blends academic rigor with ethical and socially conscious learning. Our state-of-the-art facilities, experienced faculty, and serene green campus create Rthe perfect environment for growth.

CAIAS ensures students are not only prepared for successful careers but are also equipped to make ethical decisions and create positive social impact. Through workshops, real-world case studies, and hands-on experiences, students learn to lead with integrity and responsibility. Parents and students trust CAIAS to provide not just an education, but a foundation for life.



CAMPUS

Christ Academy Institute for Advanced Studies (CAIAS) is nestled in a sprawling, green, and serene campus that offers the perfect environment for holistic learning and personal growth. Surrounded by lush greenery, the campus provides a tranquil space for students to focus on academics, engage in extracurricular activities, and nurture their well-being.

The eco-friendly campus features modern infrastructure, including state-of-the-art classrooms, advanced laboratories, a well-stocked library, and vibrant recreational spaces. This harmonious blend of nature and technology fosters creativity, reduces stress, and enhances concentration. At CAIAS, the campus is not just a place to study; it's a space to thrive.



SCHOLARSHIP

- ST.CHAVARA EXCELLENCE AWARD
- PADMA BHUSHAN FR.GABRIEL CHIRAMEL CMI MERIT
- VIDYADHANAM SCHOLARSHIP FOR FINANCIAL ASSISTANCE
- ALUMNI ENDURANCE SCHOLARSHIP
- DIVYAANG SCHOLARSHIP
- BISHOP CLEMENT THOTTUNGAL SPORTS & CULTURAL SCHOLARSHIP



SCAN FOR MORE SCHOLARSHIP DETAILS

NURTURING HOLISTIC DEVELOPMENT

At CAIAS, we offer eight dedicated centres that promote holistic development, fostering research, community engagement, and professional growth. These centres provide students with valuable platforms for learning and support students' academic pursuits, career preparation, and personal growth to excel in their chosen fields.

INTEGRATED CENTRE FOR ACADEMIC & PROFESSIONAL EXCELLENCE RESEARCH, INNOVATION & INCUBATION CENTRE SAMAG **CENTRE FOR PLACEMENT &** CAREER GUIDANCE **CENTRES & SWA** COU ISELLING CENTRE FOR COUNSELLING & HEALTH SERVICES CENTRE FOR VALUE CREATION & CHARACTER FORMATION CENTRE FOR MEDIA & DIGITAL INNOVATION CENTRE FOR VILLAGE, WOMEN & SOCIAL EMPOWERMENT SWA STUDENT WELFARE ASSOCIATION CHRIST ACADEMY VOLUNTEER TEAM CLUBS, ACTIVITIES, PRODUCTIONS & TEAMS CHRIST ACADEMY CULTURAL TEAMS **SHAPE YOUR FUTURE WITH CAIAS** where leaders are made !







Excellence in Infrastructure Excellence in Academics Top Emerging College

- Prominent & Futuristic Business Studies & Degree College of the Year 2024
- Excellence In Educational Standards Adaptability & Implementation



INDIA ELITE EDUCATION & INSTITUTIONAL EXCELLENCE AWARDS & CONFERENCE 2025





FACILITIES







DEPARTMENT OF SCIENCE

The Department of Science at Christ Academy Institute for Advanced Studies (CAIAS) offers a dynamic and interdisciplinary education that equips students with the knowledge and skills needed to excel in science and technology. With undergraduate programs in Physics, Mathematics, Computer Science, Psychology, and Journalism, alongside an MSc in Psychology, the department provides a holistic academic foundation.

Focusing on critical thinking, research, and problem - solving, the department fosters intellectual curiosity and innovation. Students gain hands-on experience through well - equipped labs, real-world projects, internships, and industry interactions. The curriculum is designed to integrate theoretical principles with practical applications, ensuring readiness for careers in research, healthcare, technology, and education.

Supported by accomplished faculty and cutting - edge resources, the department also emphasises ethical practices and community engagement. Add-on courses, workshops, and seminars further enhance learning and skill development. The Department of Science at CAIAS is committed to shaping future scientists, psychologists, and professionals who contribute meaningfully to society and the global community.

DEPARTMENT VISION

To be a centre for scientific advancement fostering educational equity through progressive research & innovation, community engagement and enhancing professional competencies for achieving holistic growth and excellence to create a global society.

DEPARTMENT MISSION

- To provide a rigorous and inclusive learning environment that supports the development of fundamental and applied research.
- To promote critical thinking, analytical skills and effective communication of scientific ideas.
- To be at the forefront of scientific advancement and technological innovations.
- To promote community engagement that fosters well being and promote sustainable outcomes.

DEPARTMENT HIGHLIGHTS

- Offers diverse undergraduate and postgraduate programs in science and technology.
- Interdisciplinary curriculum integrating theory with practical applications.
- Well-equipped labs and modern facilities for hands-on learning.
- Focus on critical thinking, research, and problem-solving skills.
- Accomplished faculty with academic and industry expertise.
- Add on courses, workshops, and seminars to enhance skill development.
- Career pathways in research, healthcare, technology, and education.
- Regular industry interactions, internships, and real world projects.
- Emphasis on ethical practices and community engagement.
- Holistic development through extracurricular and academic activities.

ADD ON COURSES

- Coaching for General Competitive Exams
- Quantitative Aptitude
- Microsoft Excel Beginner to Advanced
- Basic Counselling Skills
- Basics of Cognitive Behavioral Therapy and REBT
- · Crisis Intervention / How to take care of someone who is having a crisis
- Personality development
- Mentoring Skills: The Art and Science of Mentoring

DEPARTMENT CLUB

Step into the exciting world of science with the vibrant Science Club at CAIAS. This dynamic platform brings together curious minds to explore, innovate, and showcase their talents.

Engage in science exhibitions, quiz competitions, technical workshops, and mini-projects that challenge and inspire. Celebrate milestones like National Science Day with events that highlight creativity and collaboration. Participate in debates, model-making, and seminars that fuel your passion for discovery.

At the Science Club, you don't just learn — you lead, experiment, and push the boundaries of what's possible. Join us and be part of the journey to shape the future of science.

IS THIS RIGHT FOR ME?

Are you curious about the world around you and passionate about understanding how things work? The Department of Science at CAIAS is perfect for students with a strong desire to explore, innovate, and contribute to advancements in science and technology.

You're in the right place if you:

- Have a keen interest in subjects like Physics, Chemistry, Mathematics, Psychology, or Computer Science.
- Enjoy solving complex problems and analysing data to find practical solutions.
- Are eager to develop critical thinking, research, and technical skills.
- Thrive in hands on learning environment with experiments, projects, and fieldwork.
- Want to make a meaningful impact in fields like healthcare, technology, education, or research.

If you're ready to push boundaries, engage in innovative learning, and prepare for a dynamic career in science, the Department of Science at CAIAS is your gateway to endless possibilities!



M.SC - PSYCHOLOGY

The M.Sc. Psychology program at Christ Academy Institute for Advanced Studies (CAIAS) offers an in-depth and comprehensive understanding of human behaviour, mental processes, and psychological assessment. This twoyear postgraduate course is designed for students aspiring to become skilled practitioners, researchers, or academicians in psychology. With a clinical specialisation, the program emphasises theoretical foundations and practical application through research projects, internships, and real-world exposure.

Students in the M.Sc. Psychology program engage in rigorous coursework covering topics such as Clinical Psychology, Counselling, Developmental Psychopathology, and Psychological Therapies. The program also provides hands-on experience through supervised training and opportunities to publish research papers. Life skills training, workshops, and seminars from leading mental health practitioners further enhance students' knowledge and professional growth.

The M.Sc. Psychology program at CAIAS fosters critical thinking, empathy, and ethical practices, preparing students to handle diverse mental health challenges across clinical, educational, and social settings. Graduates are equipped for careers in clinical psychology, counselling, research, and academia, with the flexibility to further specialise in various psychological fields. With its supportive faculty and innovative approach, CAIAS provides an ideal environment for students to develop into competent and compassionate mental health professionals.

PROGRAM HIGHLIGHTS

- Clinical specialisation with a strong focus on mental health and counselling.
- Comprehensive coursework in Clinical Psychology, Developmental Psychopathology, and Psychological Therapies.
- Research opportunities with guidance from experienced faculty from the first semester.
- Life skills training and workshops from leading mental health professionals.
- Internship and placement opportunities for hands on experience.
- Focus on critical thinking, ethical practices, and effective communication in psychology.
- Avenues for research paper publications in national and international journals.
- Personalised mentorship and career guidance for professional growth.
- Supportive learning environment with modern facilities and resources.
- Prepares students for careers in clinical practice, counselling, research, and academia.

LEARNING OUTCOME

- Advanced Knowledge: Gain in depth understanding of clinical psychology, mental health, and behavioural disorders.
- Practical Skills: Develop competencies in psychological assessment, counselling, and intervention techniques.
- Research Expertise: Conduct and present research on psychological topics, with guidance from faculty.
- Ethical Practices: Apply ethical principles in mental health care and counselling.
- Life Skills: Enhance interpersonal skills and emotional intelligence for effective practice.
- Professional Readiness: Prepare for careers in clinical settings, counselling, academia, and research.
- Critical Thinking: Strengthen analytical and problem solving abilities in psychological contexts.

ELIGIBILITY

Completion of a Bachelor's degree (UG) in any discipline from a recognised university, with Psychology as one of the subjects and having scored 50% aggregate marks in undergraduate studies.

SYLLABUS

SEMESTER 1	SEMESTER 2
 Theoretical Perspectives of Psychology Indigenous Psychology Biopsychology Quantitative Research Methods & Psychometry Practical I: Experimental Psychology Practical II: Computer Applications in Psychology Statistics in Psychology 	 Personality Psychology Counselling & Guidance Cognitive Psychology Qualitative Research Methods 205 Practical I: Psychological Assessment & Life Skills Training Practical II: Project: Psychometric Tool Development Soft Core - Theories of Learning
SEMESTER 3	SEMESTER 4
 Positive Psychology Specialisations A: Clinical Psychology Clinical psychology and assessments Developmental Psychopathology Practical I: Clinical Cognitive assessment Practical II: Clinical personality assessments & interventions Open Elective 	 Rehabilitation Psychology Social and community Psychology Clinical Psychology: Adult Psychopathology Clinical Psychology: Psychological Therapies & interventions Internship Dissertation

WHAT ARE MY CAREER OPPORTUNITIES?

- Clinical Psychologist
- Psychological Counsellor
- Rehabilitation Psychologist
- School Counsellor
- Career Counsellor
- Marriage and Family Therapist
- Research Psychologist
- Academic Instructor/Professor
- Research Associate in mental health organisations
- Crime Analyst
- Criminal Profiling Specialist
- Organisational Psychologist
- HR Specialist (Employee Wellness)
- Talent Management Specialist
- Psychiatric Nurse (with further qualifications)
- · Social Worker specialising in mental health
- Health Educator
- Psychometrician
- Neuropsychologist (with further specialiation)
- Sports Psychologist

TO KNOW MORE





CHRIST ACADEMY INSTITUTE FOR ADVANCED STUDIES

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